Many of us are headed back to the Classroom. This can be a complex, confusing, and difficult transition for many youth.

Here are our best tips to help make everyone comfortable and ready to learn!

## 5 Tips for Transitioning Back to In-Person Learning



#### **Put Relationships First**

In your first few days in the classroom, spend a little extra time getting to know your youth! Time spent making each child feel seen and heard early on can pay off two fold in the long run.

#### Allow Youth to Adjust the Classroom to Meet their Needs

The classroom can feel very rigid after a year of at home learning for our youth. Try to find ways to let the classroom flex to the needs of your youth. Having a calm down station and standing up learning zone are great starts!



#### Celebrate SEL in the Classroom



Just as you would celebrate learning new vocabulary or mathematics, celebrate social and emotional learning in your classroom space. Cheer on students who show kindness or empathy! Highlight a youth showing a great coping skill! Demonstrate naming your own emotions!

### **Create Clear Routines and Schedules**

Returning to the classroom in-person can be a huge adjustment for our kids. Help them adapt to these changes with a clear, reliable routine. Be sure to incorporate welcoming rituals, brain breaks, and optimistic goodbyes to your schedule!



# E S

#### **Don't Expect Perfection**

We are all adjusting to a new normal so expect things to be messy! Taking the pressure off of you and the students can make all involved feel more relaxed and comfortable. This also allows you to keep sight of the big picture!

